



St. Dunstan's Chimes

*A weekly schedule of upcoming events for St. Dunstan's
Tuesday, March 17, 2020*



Words of encouragement from Rev. Christina. . .

This day, we are not going to be together, or tomorrow, or even next Sunday! Our lives have been changed for the next while, and we will need to work harder to stay connected.

We have been fortunate to have officials at all levels trying to find ways to combat this virus, and we know what we can do.



Our Bishop has echoed the common advice to "flatten the curve" by staying home as much as possible, not congregating in any group over ten people, and really wiping and sanitizing anything we touch at home or in our building.

Two key things have been suggested - that those over 65 years of age stay home, and that younger people limit their exposure to others in order to not spread the virus to us!!

So how are we together while physically apart?

Worship services are easy to find. The Sunday service is always online - Washington National Cathedral ([Worship webcast link](#)) always has a full worship service, with virtually no one in the pews! [11:15 AM Sunday at the above link] [Mission St. Clare](#) has both morning and evening prayer with readings. And, of course your Book of Common Prayer is our comfort using the service of Compline every evening. [If you do not have a Prayer Book, they are available in the sanctuary of St Dunstan's for you to borrow.]

Service, during this time, will be a little harder, since we are not to be together much. Perhaps a financial contribution to a group that does service, and prayers. Pray especially for those who are now going to be affected. [[Financial Donations to the Ambler Cupboard](#) and [Laurel House](#)]

Every restaurant, bar and grill has dishwashers, servers, and every airport has baggage handlers, cleaners. You know that many people are eligible for government food stamps, etc., but this new group of people has had jobs, and probably meeting bills has been tight, but they've not needed extra funds to get along. Pray for them.

I worry, too, about domestic violence when families are together with children who will become restless, parents or caregivers who are worried about day to day survival. Pray for them.

Some are ill, with the virus, and some are waiting for elective surgery which causes them pain and suffering, but such surgery is postponed. Pray for them,

Some are alone. Very much alone. Which can feed fears, bring on discouragement, and even depression. Pray for them.

That's how we can be together. Encourage each other by phone, and pray. Because, finally, being together means we care about each other. We are living out God's command to love one another. God, we know, loves us.

I will be in touch with each of you by phone, as the days go along. I do very much encourage you to call me, if you want. Certainly call if you become ill. Be assured I have each one of you in prayer.

Faithfully, Christina+
Christina Nord
610-416-4487



If you would like a Prayer Book to use at home for a time, we can drop one off for you, or you may come into our sanctuary at any time and borrow one.
[Janet Martin 215-460-8559]

The Prayer Book is online [here](#).

(A note from Janet – I printed out the Lord’s Prayer and a couple of other prayers to put above the sink where I wash my hands so many times a day. I can’t remember it when I feel stressed and agitated. It lasts as least as long as “Happy Birthday” and my blood pressure is better when I have finished.)



Celebrations in the “family” - March



Birthdays

Dave Thomson	March 22
Andrew Willoughby	March 26
Mimi Lezenby	March 31
Anne Menten	March 31

Anniversaries



If we are missing a birthday or anniversary, please let the Church office or Janet Martin know! We will make corrections.

 If you are, like many of us, in kind of a lockdown situation for a while, and would like a change of pace, may I recommend a few podcasts that are worth listening to. If you've never used podcasts before, well, just start clicking at the links below and explore. There are thousands of them. (Note that with most of the podcasts, you can either just listen to them online at your computer or download them to a file on your PC or smartphone and listen to them later.

[Here](#) is a list of the podcasts created by National Public Radio (NPR). I particularly like the "TED Radio Hour" and "Hidden Brain" podcasts. You'll see that there are many episodes of these two podcasts just waiting to be played.

[Here](#) is the "On Being" podcast that interviews a wide variety of people about religious and/or spiritual issues. This is a big web site. If you'd like a particular place to start, you might try [this discussion](#) with the scholar Walter Brueggemann about "The Prophetic Imagination." (Scroll down a bit.)

Interested in American history? Try [American History Tellers](#). Scroll down a bit to where it says "Listen" and you'll see where you can play their latest episode - "What We Learned from Fighting the Spanish Flu." There are many more episodes available in the PLAYLIST box that is just below that.

Just want to listen to a story? Try [The Moth](#). These are recordings made before live audiences at story-telling shows. Each show lasts about an hour and is made up of two to five stories told by different narrators or performers. ---*David Martin*



Readings for March 22

First Reading: [1 Samuel 16:1-13](#)

Psalm: [23](#)

Second Reading: [Ephesians 5:8-14](#)

Gospel: [John 9:1-41](#)

[Fourth Sunday in Lent](#)



Readings for March 29

First Reading: [Ezekiel 37:1-14](#)

Psalm: [130](#)

Second Reading: [Romans 8:6-11](#)

Gospel: [John 11:1-45](#)

[Fifth Sunday in Lent](#)





David Martin, *Senior Warden, Stewardship,*

Accounting Warden

Sue Fralick Ball, *Clerk of Vestry, Outreach*

John Ruser, *Property*

Ursula Schaufler, *Facility Usage*

David Rivers, *Pastoral Care, Worship*

Jeanette Munera, *Worship*

St Dunstan's Church needs all of us to help it serve its mission to share Christ with the world. Sometimes this means attending a meeting, or helping during a worship service, or writing a card or a letter. Please find a place to help:

Altar Guild Choir Coffee Hour Usher Prayers of the People Lector
Financial Committee Forward Planning Committee